

Workers Compensation 2018 New Drug Formulary CHEAT SHEET

Exempt Drugs

May be dispensed without prior authorization through prospective review if in

accordance with the MTUS except for:

1) brand name drugs AND

2) physician dispensed drugs

Non-Exempt Drugs

Requires authorization through prospective review and must be obtained prior to the $% \left(1\right) =\left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left($

time the drug is dispensed.

Unlisted Drugs

Requires authorization through prospective review and must be obtained prior to the time the drug is dispensed.

• Compound drugs not on the Formulary are unlisted drugs even if the

individual active ingredients are Exempt

Special Fill Drugs

Allows for a Non-Exempt drug to be dispensed without prospective review if all of the following conditions are met:

- 1) Prescribed at the initial visit occurring within 7 days of the date of injury (DOI is day "0")
- 2) Prescription is for supply that does not exceed the MTUS drug list limit
- 3) The prescription is for **EITHER**:
 - an FDA approved generic or single source brand name drug (no generic exists) **OR**
 - a brand name drug where the physician documents medical necessity for brand name, AND
- 4) The drug is prescribed within MTUS treatment guidelines (including time limit).

*Note sections 9792.27.12.c,d and e regarding special fill periods are not included herein.

Perioperative Fill Drugs

Allows for a Non-Exempt drug to be dispensed without prospective review if all of the following conditions are met:

- 1) The drug is prescribed within 4 days before or after surgery date ("Day 0")
- 2) The prescription supply does not exceed the limit set forth in Formulary
- 3) The prescription is for a drug that is **EITHER**:
 - FDA approved generic,
 - single source brand name (no generic exists) **OR**
 - brand name drug that physician substantiates is medically necessary.

Off Label Use

UR Authorization NOT Required for exempt drugs recommended by MTUS for that UR Authorization IS Required for drugs that are:

- Non-exempt,
- Unlisted OR
- Exempt drug lacking recommendation for that specific off-label use.

Pharmacy Restrictions

Drugs may NOT be restricted pursuant to a pharmacy network or pharmacy benefit manager contract.

Dispensing Brand Name or Generic Drugs Brand name drugs may only be dispensed when a generic equivalent DOES NOT exist unless the physician:

- 1) Writes "Do Not Substitute" or "Dispense as Written" on the prescription
- 2) Documents the medical necessity in the report
- 3) Includes the patient-specific factors that support the physician's determination that the brand drug is medically necessary, AND
- 4) Submits a RFA and obtains authorization through prospective review prior to the time the brand name drug is dispensed.

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ADDENDUM For Dates of Injury Prior to 2018

General Rule

The prescribing physician must request a, "medically appropriate and safe course of treatment..." consistent with the Formulary.

Non-Exempt Drugs

The prescribing physician may include use of a non-exempt or unlisted drug where

- 1) necessary for condition **OR**
- 2) necessary for safe weaning, tapering, transition to a different drug.

AND

The prescribing physician shall:

- 1) submit a progress report requesting authorization which shall:
 - a) Include a treatment plan setting forth a medically appropriate weaning, tapering, or transitioning to a drug within the Formulary OR
 - b) Provide supporting documentation to substantiate the medical necessity consistent with the MTUS
- 2) The progress report, including treatment plan & RFA shall be submitted at the time the next report is due if the report is due prior to 4/1/18. All other reports are due by 4/1/18.

Previously approved drug treatment shall not be terminated or denied except as may be allowed by the Formulary and in accordance with applicable UR and IMR regulations.

Definitions

Dispense

Furnishing of a drug upon a prescription from a physician or other health care provider acting within the scope of his or her practice, or

• Furnishing of drugs directly to a patient by a physician acting within the scope of his or her practice.

Exempt Drug

A drug that does not require authorization through prospective review prior to dispensing the drug if prescribed consistent with Formulary

Non-Exempt Drug

A drug which is designated as requiring authorization through prospective review prior to dispensing the drug.

LINK: http://www.dir.ca.gov/dwc/DWCPropRegs/MTUS-Formulary/Final-Regulations/DRUG-LIST.xls